

	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA
10h		HATHA YOGA		HATHA YOGA	
11h30			PILATES SOLO		PILATES SOLO
12h		IYENGAR YOGA		IYENGAR YOGA	IYENGAR YOGA
16h		BALLET PERSONAL			
16h30		IYENGAR YOGA		IYENGAR YOGA	
17h30	BALLET FIT		BALLET FIT		
18h30	IYENGAR YOGA		IYENGAR YOGA		